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🎉 Cooking Parties for 14-21 Year Olds
At Cooking It, Bristol

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Looking for a party that's fun, social, delicious and just a little bit competitive (if you want it to be)? Welcome to Cooking It - where teens and young adults cook, laugh, dance, and celebrate together in a vibrant kitchen space designed for unforgettable parties.

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Perfect for birthday celebrations, school leavers, friendship groups, sports teams or just an excuse to get together, our cooking parties work brilliantly for groups of girls, boys or mixed groups aged 14-21.

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How It Works

Groups of up to 20 participants

Choose competitive or non competitive format

If competitive, guests are split into two teams for extra energy and fun

Led by our friendly, experienced chefs who keep things relaxed, inclusive and buzzing



Bar available on site

We offer age appropriate drinks options, including soft drinks, mocktails, and (where legally appropriate) alcohol choices.



Party Duration & Pricing

2 hrs £40 pp.

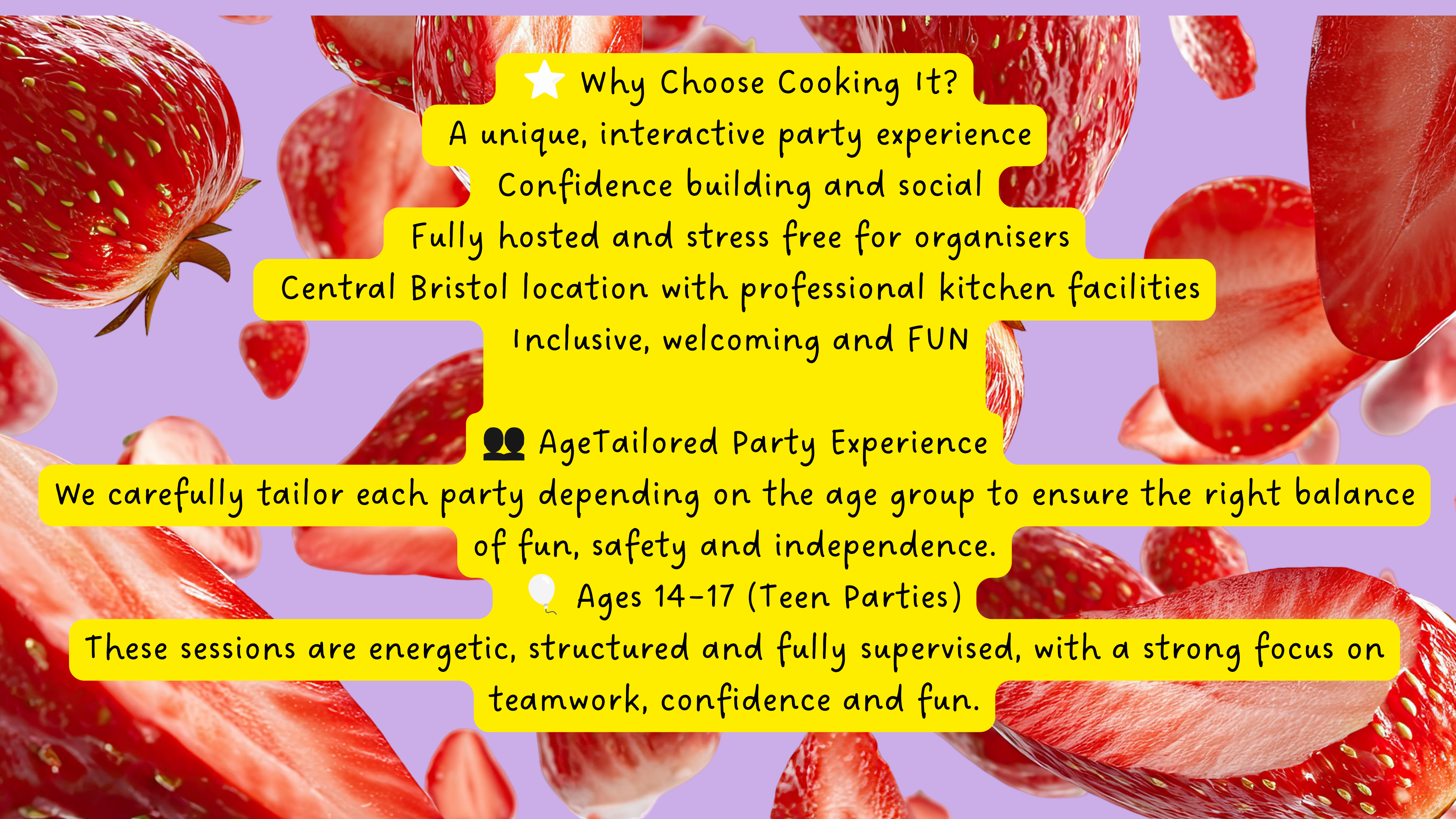
3 hours £50 pp.

Minimum of 8 people

Extra 30 min £75

Add our Karaoke Machine to the party for £60

Both options include ingredients, chef tuition, equipment, music system, hosting and cleanup.

The background of the entire slide is a vibrant, close-up image of several strawberries. Some are whole, while others are sliced, showing their red flesh and green seeds. The strawberries are scattered across a light purple background, creating a fresh and appealing visual.

★ Why Choose Cooking It?

A unique, interactive party experience

Confidence building and social

Fully hosted and stress free for organisers

Central Bristol location with professional kitchen facilities

Inclusive, welcoming and FUN

👤 Age Tailored Party Experience

We carefully tailor each party depending on the age group to ensure the right balance of fun, safety and independence.

🎈 Ages 14-17 (Teen Parties)

These sessions are energetic, structured and fully supervised, with a strong focus on teamwork, confidence and fun.

🍴 Choose Your Cooking Theme You pick the food, we bring the fun. Popular options include:

✨ Fancy Dinner Party: A more grown-up celebration where guests cook and sit down to enjoy their meal together.

🌮 Build Your Own Taco Bar: Colourful, interactive and always a hit. Perfect for fast paced, high energy groups.

🇪🇸 Spanish Tapas Party Cook lots, taste lots, share everything. Great for grazing, chatting and celebrating.

🍕 Pizza & Tiramisu Party Hands-on, creative and fun for everyone. Endless combinations and friendly rivalry over best toppings

🍵 Bake Your Own Afternoon Tea: Elegant with a playful twist. Lovely for more relaxed, creative groups.

🍣 Sushi feast or Ramen: who does not like Japanese food? this is a winner with young people.

✨ Have another idea?

We're always happy to create bespoke menus around favourite foods, dietary needs or themes.

🎵 Games, Music & Party Vibes Between cooking (or during judging time), we can keep the atmosphere lively with age appropriate party games, such as:

The Slogan Game, Teen Feud, What's On Your Phone?, True or Fact, Quickfire food challenges

💃 Finish the session dancing it out to our great sound system – playlists can be tailored to the group.

👥 Age Tailored Party Experience

We carefully tailor each party depending on the age group to ensure the right balance of fun, safety and independence.

🎈 Ages 14–17 (Teen Parties)

18–21 (young adult Parties)

These sessions are energetic, structured and fully supervised, with a strong focus on teamwork, confidence and fun.

What's included: Fully

hosted by our professional chefs at all times, Clear structure with cooking, games and social time, Competitive or noncompetitive formats available, Age appropriate games and music playlists, Soft drinks, mocktails and nonalcoholic options only

More about our parties



Ages 18-21 (Young Adult Parties)

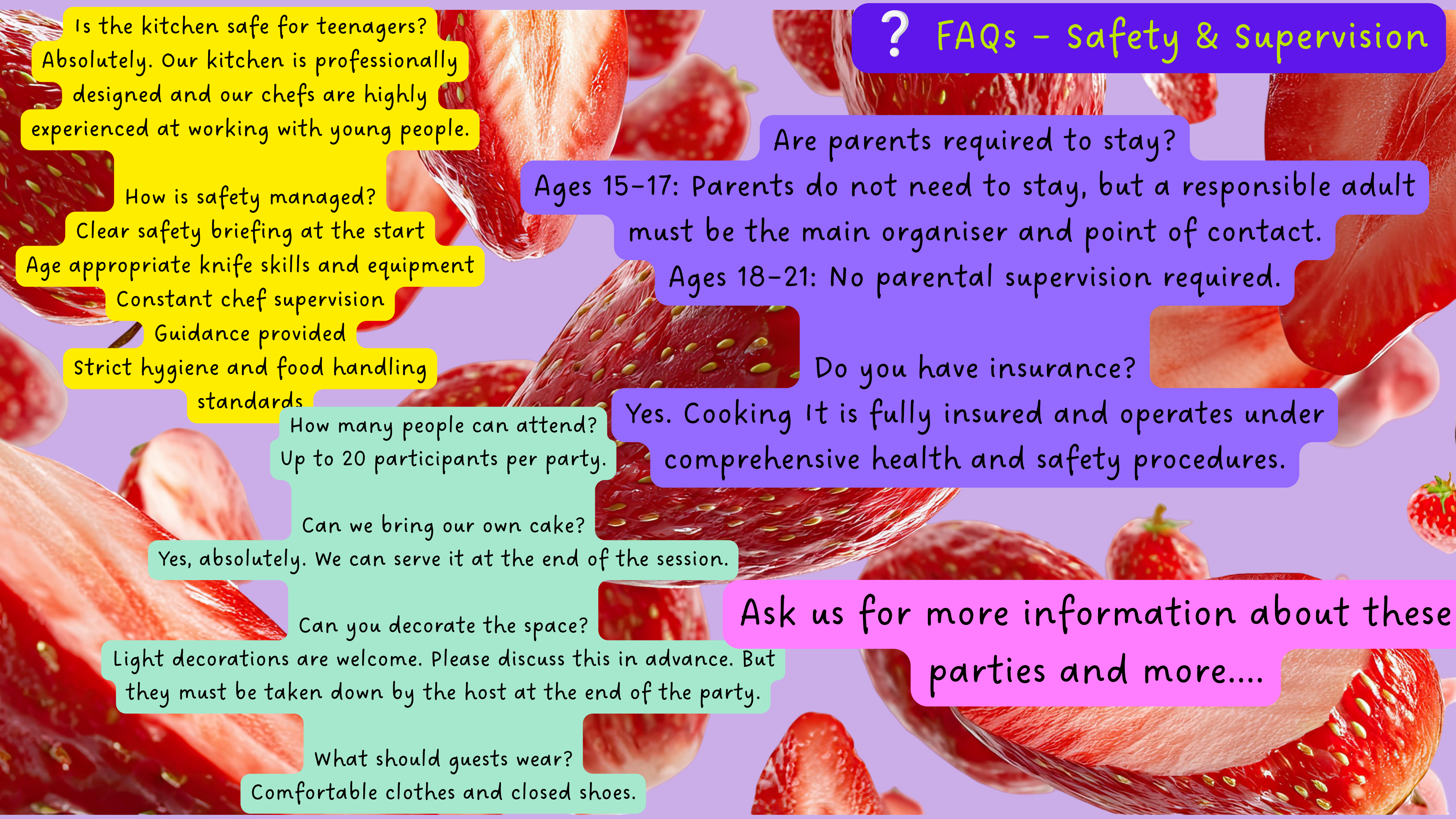
These sessions feel more grownup, relaxed and social, while still being expertly hosted.

What's included: More independence in the kitchen with chef support, Competitive cook-offs or relaxed shared cooking, Music, dancing and social games encouraged, Access to our onsite bar (ID required), Mocktails, soft drinks and alcoholic options where legally appropriate

Ideal for: 18th-21st birthdays, Uni friendship groups, Sports teams or celebrations



Alcohol is strictly managed and served responsibly in line with licensing laws.



Is the kitchen safe for teenagers?
Absolutely. Our kitchen is professionally designed and our chefs are highly experienced at working with young people.

How is safety managed?
Clear safety briefing at the start
Age appropriate knife skills and equipment
Constant chef supervision
Guidance provided
Strict hygiene and food handling standards

How many people can attend?
Up to 20 participants per party.

Can we bring our own cake?
Yes, absolutely. We can serve it at the end of the session.

Can you decorate the space?
Light decorations are welcome. Please discuss this in advance. But they must be taken down by the host at the end of the party.

What should guests wear?
Comfortable clothes and closed shoes.

? FAQs – Safety & Supervision

Are parents required to stay?

Ages 15–17: Parents do not need to stay, but a responsible adult must be the main organiser and point of contact.

Ages 18–21: No parental supervision required.

Do you have insurance?

Yes. Cooking It is fully insured and operates under comprehensive health and safety procedures.

Ask us for more information about these parties and more....